



St Dominic's Catholic Primary School is committed to the care, safety and wellbeing of children and young people as a central and fundamental responsibility of Catholic education.

St Dominic's School acknowledges the Wurundjeri people as the traditional custodians of this land. We pay our respects to the Elders of the past, present and future and acknowledge their spiritual connection to Country.

👉 PRAYER FOR MOTHER'S DAY 👉

A Prayer for our Mums, Grandmothers, Aunties, Sisters, Teachers, Carers, Role Models of love,

We praise and thank our God for you, for the nurturing love you bring to your family.
We lovingly remember our mothers who are no longer with us; those who are in heaven with their God.
Let us pray for God's continued blessing upon our Mothers and all who are like Mothers to us.

Loving God, you give us mothers who show us how to live and love.

As we honour all mothers on this day, we pray that you bless and keep them close to your heart.

Loving God, pour out your blessing upon our Mothers, and those who are like Mothers to us.

They show us a glimpse of what you are like in your unconditional, tender love for us.

We honour them today & we pray that the greatness of your love will continue to flow through faithful,

loving women, from generation to generation. Amen



The attributes of a loving mother are attributes of God; mothers reflect God's love; they show us a glimpse of what God is like and God's great love for us as His children.

*We wish all Mothers, Grandmothers, Aunties, Sisters, role models and Carers, a
HAPPY MOTHER'S DAY.*



DATES FOR YOUR DIARY

Our Website countdown.....

MAY

- Fri 6 May** Mother's Day Stall (see PFA News)
- Fri 6 May** [Whole School Assembly](#) (staff & students only)
- Sun 8 May** **MOTHER'S DAY**
- Mon 9-Fri 13 May** Catholic Care Family Week
- Mon 9 May** Cross Country (11.30am-2pm)
- Tues 10 May** School Advisory Council Meeting- 7pm
- Tues 10 May** NAPLAN testing (Years 3 & 5)
- Wed 11 May** NAPLAN testing (Years 3 & 5)
- Thur 12 May** NAPLAN testing (Years 3 & 5)
- Fri 13 May** Mother's Day Lunch (see PFA News)
- Fri 13 May** [Year 3/4 Level Assembly](#) (3pm- parents welcome: in [Veritas Hall](#))
- Sun 15 May** Sacrament of Eucharist Commitment Mass 9.30am
- Mon 16 May** Year 5/6s excursion to Scienceworks
- Tues 17 May & Thurs 19th May** Prep 2023 Enrolment Meetings



Stay tuned over the coming weeks for the launch of our NEW custom-designed St. Dominic's website!

Onward & Upward... The St. Dominic's Way!

Parents & Carers,

"Leading by Personal Example & Physical Presence"...

Last week I was fortunate to attend the annual Celebration of Principalship Dinner, where all of Melbourne's Catholic Principals were together and all retiring Principals were acknowledged and farewelled from their many decades of service to education. There were key speakers on the night, with one particularly speaking of the vital role of leaders as leading by their *'personal example'* as well as their *'physical presence'*. This resonated with me, equally as a teacher, leader, community member, family member and parent: we are ALL called to be *'personal examples'* of compassion, commitment, determination, justice, care, respect, self-worth. Each of us has a responsibility to the children in our lives and in this community, to uphold these values and lead through our actions and example. Our students, your children, are watching and listening, learning to be the young people & adults of our future and our world. That is some responsibility!



Equally so, we are called to be *'physically present'* to those in our lives, though at times this can be especially challenging. In our *'tech times'*, when demands seem greater and our world is filled with a multitude of stimuli, our adult challenge is to *'mindfully'* enable valuable times when we are *'physically present'* to our children. It is often these times of love, connection, conversation and care that are often unplanned but become embedded for life, and teach our young children to be present for others in their school, their family, their team, their community and our world also.

Term 2 has begun with a *'Wow factor'* indeed!! Last week, we returned to school, filled with hope and positivity for continued learning and new experiences. Our P-6 day with Andrew Chinn was indeed a highlight (see article below). Our *'St Dominic's School Song'* has officially been launched! This was a collaborative creative process, which commenced in March. Staff worked with Andrew and shared their insights about our school, its history, values, its community, faith and its people. Andrew then worked with a group of Year 5/6s (Kit, Olivia, John, Callum, Penny, Claudia) who defined what it is to be part of our St. Dom's community, as well as what our Dominican Pillars are and what they look like in action. Once lyrics were completed and music written, Andrew and his team took to the recording studio! Over the recent break, staff members Trish O'Gorman and Annette Hayes, as well as Year 3 student Allanah, added harmonies and back up vocals.... And we have a song! We are very excited to be able to share this with our parent community sometime this term. In the coming weeks, along with a *'music video'* this will be added to our website (see new website coming soon too!).

Our Prep Enrolments for 2023 are progressing well and we have been happy with the response to personalized tours, as well as our recent Enrolment Information Evening last week. My sincere thanks to our student leaders and Staff who have been part of this process so far. We will keep you updated.

We have also been busily enhancing some of our physical spaces and providing engaging learning areas, community spaces and playing areas for our students. So far in 2022, we have completed the following:

- Repainted undercover space leading through to P2 Garden area
- New sandpit toys & tools (P1 and P4 sandpits)
- Marketing Pull-up Banners for hall display
- Enrolment Marketing boards

AND.... Coming soon to St. Dominic's!

- New St Dom's website (launched & going 'live' by late May)
- P1 playground and landscaping (June/July)
- P2 Garden area- completed and Autumn/Winter plantings begin, Garden Club
- Completion of Playground markings- games and engaging outdoor activities (June)
- Library- new furnishing and upgrade (June)
- Laptop & iPad charging trolleys for Years P-4 (June-July)



All schools are responsible for ensuring the safety of their communities, and that health directives and advice from MACS (Melbourne Archdiocese Catholic Schools) are followed. Again, I thank you for your support this year and for adhering to the remaining measures in place (see below). Masks are no longer required, apart from for those who have a household case and have returned to school. See Updates sent via Operoo last week, as well as detailed below. I thank our Staff and Families for the partnership and communication which has supported those impacted, and in ensuring students return to school safely in times of isolation. During the first 4 weeks of Term 2, we continue to provide RAT kits to each child for twice weekly testing. We are thrilled to be inviting our families back on site, as they support student learning programs and upcoming social events.

Parents, I once again thank you for the trust you place in our Staff. As professionals they work alongside you, in support of you and your child/ren. Each child at St. Dominic's has been afforded opportunities to shine so far this year, and those opportunities will continue throughout the year.

There is an African Proverb which states, **"It takes a Village to raise a Child"**- I sincerely thank each of you for your support of our staff, our community and our vision, and I am proud of the shared efforts of staff, parents and children.

Blessings to all Mums, for a wonderful Mother's (Superheroes!) Day!

Warm regards,



Mrs Natalie Kenny

Principal

principal@sdcamberwelleast.catholic.edu.au

nkenny@sdcamberwelleast.catholic.edu.au



Catholic Care Family Week



FAMILY WEEK 2022

Join us in celebrating families

Strong family relationships are the foundation for healthy and resilient communities.

CatholicCare Victoria welcomes our school community to join them in celebrating, strengthening and nurturing families this Family Week!

CatholicCare Victoria works with families, individuals and communities of all cultural and religious backgrounds to strengthen relationships, build resilience, and empower everyone to reach their full potential.

www.catholiccarevic.org.au/FamilyWeek

FAMILY WEEK 2022

Celebrating and strengthening family relationships

www.catholiccarevic.org.au/FamilyWeek





Featuring our Student Stars of the Week



Each of our fortnightly School Newsletters feature a class, a year level or a Specialist area. Teachers work with their students to feature and showcase some of their learning and achievements, through stories, student work and photos.



Year 5/6R



Interschool Sport Report - Round 1: Thursday 28 April

Footy

"For a 88-2 loss, everyone proved to be very persistent and kept their heads up throughout the 4 quarters. Our defensive skills improved in the last 2 quarters. Michael was our MVP for the first round for his outstanding efforts and strong runs through the middle."

Softball

"We played really well! Our fielding was excellent but our batting was a bit off" says Edmund. "The MVP was Eva for her amazing batting. In the end we were unlucky and lost 17-12."

Netball

"The netball team had a great 15-1 win with lots of great efforts from everyone. Our MVP, Charlotte, scored a lot of great goals for the team. Michaela and Sophie added to the scoreboard as well. Michaela proved she is an outstanding centre with her intercepts - Maddie showing her intercepting skills as well. Tahlia was a great defender too!" says Sophie.

Soccer

"We played really well! Will channelled the ball through the midfield and Nick was very clinical with his finishing" says Lucas. "Great performance all round, everyone played really well and we came away with the 6-0 win."

- Joseph, Claudia and John



Andrew Chinn at St Dom's!

On Thursday 28 April we had the launch of our new school song! Some students helped Andrew Chinn write our school song. During the day, each level met up with Andrew Chinn to practice our school song. At the end of the day, the whole school met up in the hall and we all sang the new school song and others. Andrew Chinn chose some students from each year level to do some dance moves to the songs. Other students were on the stage singing. Andrew Chinn was very funny and kind. We appreciate him working on our school song. Thank you Andrew Chinn!

- Cooper, Eliza and Pippa

Andrew made our school song with some of the Year 5/6 students. He taught us songs and dances. We had a school concert and we were able to collaborate with him. We also got to sing our school song!

- Eamon and Josh



Year 6 Leadership Day - ASPIRE Higher!

On Friday 29 April, the Year 6 students were involved in a Leadership Day run by Unleashing Personal Potential.

Here are some of the highlights and what we learnt on the day...

Mental Blockers

Part of the Year Six Leadership Day was about mental boundaries. One of the examples they showed us was about an elephant called Emali. Emali had a heavy rope tied around her ankle when she was little. She tried to break free everyday for many weeks. Then one day she decided to stop trying as she knew she couldn't break through it, even though it was barely a piece of string! That was her mental boundary. So, all through the rest of her life she still had that boundary. Napoleon Hill once said: 'Our only limitations are those we set up in our own minds.' Through this quote he is telling us, and the take away from the session was, that we must not set up these limitations in our minds and we must believe in ourselves.

- Sophie and Isabella

The Epic Race

During the Leadership Day we participated in The Epic Race. The Year 6's were all put into 5 separate groups. In the groups we did a lot of challenges where we had to work together as a team. The point of this was to understand that to be a leader you don't always have to work by yourself and we are stronger and can achieve more when we work together. It was really nice to be in groups because it reminded us how much easier it is to do things when we are all working together. There was a good range of activities we were able to try which stirred up a lot of excitement.

- Penelope and Maddie

3 Types Of Leaders

Unleashing Personal Potential taught us all about the three different types of leaders.

The three different types of leader are.

1. Prophet leader
2. Planner leader
3. People leader

Prophet leaders are leaders that have a great amount of ideas and they have a big impact in group assignments.

Planner leaders are leaders that plan ideas before they do. They are also great at brainstorming.

People leaders are the ones that are all about the people, they take constructive criticism well and put it to good use to make themselves a better person.

- Lucas, Edmund and Nick





Learning & Teaching News

NAPLAN TESTING

Next week, Tuesday 10 May - Thursday 12 May, the students in Years 3 and 5, along with many other students in Australia will sit the Naplan testing online. Last week, parents received information regarding the testing which includes links to websites for helpful information about Naplan. The students in Year 5 will complete all testing using the online platform, whereas the students in Year 3 will complete the Writing test using pen and paper, and all other testing using the online platform.

The students have been preparing for Naplan testing by becoming familiar with the online testing platform as well as working through previous and typical Naplan style questions during learning time.

If you have any questions or concerns regarding Naplan testing, please do not hesitate to contact your child's class teacher.

Below is a schedule for the Naplan testing at St Dominic's.

	Writing	Reading	Conventions of Language	Numeracy
Tuesday 10 May	9.30am: Year 3 & 5			
Wednesday 11 May		9.30am: Year 3 & 5	11.30am: Year 3 & 5	
Thursday 12 May				9.30am: Year 3 & 5

Helen Anania- Learning & Teaching Leader

NEWS FLASH! ANDREW CHINN- OUR SPECIAL MUSICIAN FRIEND!



We now have our very own St. Dominic's School Song!!!

Our day with Andrew Chinn was a fabulous one: a day of music, laughs, faith, celebration, dance and most importantly connection and JOY!!!!
We have now officially launched our St Dom's School Song and look forward to sharing this with our school community for many years.

The song was written & recorded throughout March-April 2022, and officially launched to our staff and students on **Thursday 28th April!**



Student Wellbeing

BODY IMAGE *Tips* YOUNG PEOPLE

Did you know that body image is how you FEEL and THINK about your body? It's actually not about what you look like!

No two people were born to look or be the same. Celebrating and embracing our differences is really important. There isn't a right or a wrong way to look.

Beauty and appearance ideals exist in all societies and they are all unhelpful! These ideals don't encourage uniqueness but instead suggest that everyone 'should' and 'could' look a certain way, which is unrealistic! Spending time, money and energy on changing your appearance is exhausting and research tells us that altering your appearance won't help your body confidence or self-esteem in the long run. What will help, is reminding yourself that you have the power to change the way you see, think and feel about how you look.

Here are some positive tips to help you:

You are so much more than your appearance. You are not an 'object' or a 'thing'. You are a human being. Your weight, body shape, muscles, hair/skin colour, complexion, height does not define you. Your appearance does not determine your worth.

Avoid making unhelpful comparisons. The more you compare your appearance to siblings, friends, celebs, sport stars or anyone, the more unhappy you'll feel. It's ok to admire beauty in others, but avoid devaluing your own body if you do.

Treat your body well. Your body is the only one you're ever going to get. It might not look exactly as you'd like, but it does so many amazing things for you. Speaking kindly, finding exercise and activities that you love, eating mindfully and taking time out to rest, demonstrates body respect. It's really important that you avoid any kind of restrictive diet and excessive exercise plans. They do not work or help your body confidence (no matter how much advertisers try to make us think otherwise).

Keep yourself media and social media savvy.

What you see may not always be! It's important that you stay savvy when looking at media and social media images. Photoshop, hair and make-up, endless filters and editing tools work to create the highly stylised and perfect images that you see – on celebrities and our friends. You never really know what is going on behind the image, remember, no one is perfect.

Go easy on yourself... AND your friends! Body bullying and food shaming is never ok. Speaking kindly to yourself and your friends – face to face and online – is the only way. If you wouldn't say it to a friend, avoid saying it to yourself. If you couldn't say it to someone's face, don't say it to them online. Words can build people up or tear them down. Use your words carefully (to yourself and to others).

Have fun with your appearance but don't let it rule your life. It's ok to take pride in your appearance and have fun with fashion and styling (if that's what interests you), but obsessing and worrying about how you look is not good for us. Remember, you are more than your appearance, so spend time doing the things that make you feel good.

Surround yourself with people who accept you as you are. Changing your appearance to fit in won't make you a better, more lovable person. If a person or group doesn't like YOU for who YOU are, then it's time to find some new people to spend time with. You are enough just as you are.

If your body image is getting you down or you are worried about a friend, talking helps and Butterfly is here to listen:

National Helpline on **1800 ED HOPE (1800 33 4673)**
or support@thebutterflyfoundation.org.au

BODY IMAGE *Tips* FOR PARENTS

Children are very sensitive to messages about body image and appearance from their parents. Often you may not even be aware of the messages your child is hearing from you. Parents can have a very positive impact on the way a child feels about the way they look and their self esteem. Helping your child develop a healthy body image is important as it can also strengthen their relationship with eating and exercise and reduce the risk of developing disordered eating and eating disorders.

Here are some tips on ways you can be a good body image role model for your child:

Reflect on your own relationship with your body.

This may not be easy but being aware of your attitude towards your own body will help you be conscious of the messages you send to your kids. Try to avoid looking in the mirror and making negative comments about the way you look. If your child sees that you feel comfortable and happy with your body, this can help them feel comfortable in their own skin.

Avoid talking about diets. Dieting is the biggest risk factor for an eating disorder. Try to avoid talking about diets, your "naughty" eating habits, or your weight and size. This can give kids the impression that weight and size are highly valued by you and they might feel pressure to look a certain way or be a certain size. Celebrate diversity and emphasise how loved and valued your child is no matter what their weight, shape or size.

Talk to your child about the way they feel about the way they look. Encourage your child to talk with you about their feelings. Create space to talk about things on a daily basis including what is happening with their friends. If your child feels safe to talk to you, then they are likely to share feelings about their bodies with you.

Help your child stay body confident when using social media. Talk to your child about the realities of digital manipulation and that what they see in the media and online is not always real. Encourage them to reflect on how their social media experiences make them feel and if it's not positive then they need to change it up.

Despite best parenting efforts serious body image issues and eating disorders do develop. It's important to recognise the warning signs of body dissatisfaction and low self esteem as early as possible. There are certain cues you can pick up on in your child once you know what to look for.

Here are some warning signs to keep an eye on in your child:

- Withdrawal from social events and activities that they used to enjoy
- A focus on diets, calories, health and particular foods. They might talk about wanting to be healthier or fitter and become obsessive about checking the nutritional content of what they are eating.
- They might become irritable or anxious around dinner time. They may refuse to eat certain foods or whole food groups.
- Complaints about the way they look, e.g. "I'm ugly" or "I'm fat", or negative comments about their abilities, e.g. "I'm hopeless"
- Frequent self scrutiny – such as weighing themselves or excessively looking at their reflection.
- Change in clothing style such as wearing baggy or oversized clothing

If you notice any of these signs in your child it is important to seek help as early as possible. You know your child best, so trust your instincts. If you are finding it hard to be accepting of your own body, remember it's never too late to seek help.

Butterfly can support you. Call our National Helpline on **1800 ED HOPE (1800 33 4673)** or email us at support@butterfly.org.au



Environment & Sustainability News

This week is **International Composting Awareness Week** which is a great opportunity for us to improve awareness of the importance of compost, a valuable organic resource and to promote compost use, knowledge and products. We can compost to help scrap carbon pollution by avoiding landfilling organic materials and helping to build healthier soils.

We have been recycling our daily green classroom and staffroom waste at St Dominics for many years by using our system of compost bins to turn our food scraps into a valuable fertilizer that can enrich soil and plants. Anything that grows decomposes eventually; composting simply speeds up the process by providing an ideal environment for bacteria, fungi, and other decomposing organisms (such as worms, sowbugs, and nematodes) to do their work. The resulting decomposed matter, which often ends up looking like fertile garden soil, is called compost. We then use this product on our garden beds around the school. So, the more composting the better!



PFA UPDATE

Mothers day

Save the date
For our Mothers and special friends High Tea
on Friday 13th of May at 1:30pm - 3:30pm
In St Dominics School Hall.

Tickets will be limited and Entertainment provided by
your little darlings on the day

Tickets approx \$45

Mothers Day Stall
Friday 6th May
Students to bring a small amount of money to
purchase gifts from the stall during school hours.
Gifts priced from \$1 - \$5

Please bring a bag (labelled with students name)
To take gifts home.

LIBRARY ASSISTANCE

The library is looking for parent helpers to shelve returned library books.

If you are able to assist, please either email

Annette Hayes

ahayes@sdcamberwelleast.catholic.edu.au

or call the front office.

Thank you!



SCHOOL PHOTOS (Group Photo orders)

MISCELLANEOUS GROUP PHOTOS
ARE AVAILABLE FOR PURCHASE Eg: Sports groups, House Captains, etc

TO ORDER YOUR PRINTS GO TO www.schoolpix.com.au
AND ENTER THE FOLLOWING CODES:
ORDER NUMBER: M22591 INTERNET ID: W559VC55

Order before Sunday 1st May
FOR FREE DELIVERY BACK TO YOUR SCHOOL.
Orders placed after this date will incur a \$2.95 fee and will be posted to your nominated address.

\$28 FOR FIRST GROUP
\$14 FOR ANY ADDITIONAL GROUPS

*This discount must be made in one transaction and groups ordered must be different to qualify for the discount.
*Other discounts not apply to Class Group photos previously purchased.

Sch • iPix
ST. DOMINIC'S PRIMARY SCHOOL
CAMBERWELL

Please note:
the 'order before' date has
been amended to
Sunday, 15 May,
for **FREE** delivery back to
school.

COVID UPDATES & REMINDERS

Parents/Carers,

Again, we thank you for supporting our Staff in ensuring that all risk assessment and necessary safety measures have kept St. Dominic's open and safe. I thank our Staff and Families for the partnership and communication which has supported those impacted, and in ensuring students return to school safely.

Our school is responsible for ensuring the safety of our community, and all COVID Safe are in accordance with current health directives and advice from MACS (Melbourne Archdiocese Catholic Schools).

A friendly reminder that parents/carers may bring their child into the classroom (or drop at their classroom door) between 8.45-9.00am. You are also welcome to collect your child from outside their classroom in the afternoons. As these are brief visits, Vaccination status will not be required.

We look forward to welcoming you into your child's learning spaces. Over the coming weeks, our teachers will advise you of opportunities to support in classrooms as parent helpers, keeping in line with the COVID Safe requirements detailed below.

Today you have also received the following updates:

1. Workers and Volunteers in Schools under the Pandemic (Workplace) Order 2022 (No. 8)

re. Clarification of Vaccination requirements that apply to workers and volunteers in schools.

'Education workers' include volunteers that attend an education facility and that work in close proximity to children, students or staff. This includes parent helpers, canteen assistants, reading helpers, excursion supervisors or classroom or working bee volunteers.

As such, any volunteer performing any work at a school is an education worker and they must be fully vaccinated (boosted) or have an exemption.

2. Household contacts

Students and staff who are household contacts of a COVID-19 case are no longer required to quarantine. They can return to school as long as they undertake rapid antigen tests (RAT) 5 times within their 7-day period and wear face masks indoors if they are aged 8 and above, unless they have a valid exemption. Families are invited to request additional RAT kits from school should they be needed in these cases.

If any household contact returns a positive RAT result during this period, they must isolate for 7 days and not attend school.

**NOTE- if there is a confirmed positive COVID case in your household, please advise school either via email to me or by calling our school office. Once we are aware of this, we can supply additional RAT kits for testing required, as well as supply face masks if needed.*

3. Face Masks

Face Masks are no longer required in schools, and are optional. The exception is if a child or staff member is at school and has a positive COVID case in their household- in this case they are required to wear a face mask when indoors and must notify our office.

4. Rapid antigen testing:

Rapid antigen tests continue to be available to all staff and students for at least the first 4 weeks of Term 2.

As communities in partnership in the education and care of your children, we look forward to re-engaging our families in as many ways as possible and as safely as possible.

We thank you for your support and cooperation in this process.

With thanks & in partnership,
Natalie Kenny - Principal

COMMUNITY NEWS

Camp Australia Guiding children's growth
Meet the team Newsletter
at St Dominic's Primary School

Haruka Kihara
Coordinator

Hi, thank you for warmly welcoming me in St. Dominic's Primary School. My name is Haruka, and I am from Hiroshima, Japan. I came to Perth, Australia in 2015 and enjoyed its beautiful beaches and warm weather before moving to Melbourne. Now, I am enjoying the culture and nature in Melbourne and looking forward to exploring more!

Here are five fun facts about me!

- I am studying Education at university!
- I have a dog called Shiba, but she is not a Shiba-Inu!
- I love cooking and eating!
- I love going hiking!
- I also love dancing and used to do ballet!

Looking forward to meeting you all and having fun at OSHC.

Your OSHC.
Tailored Out of School Hours experiences.

Your OSCH by Camp Australia provides exciting experiences for children during term - before school, after school and on-pupil free days.

Find out more

Visits welcome! Please feel free to stop by the program with your children to meet the team and see what happens in our great program each school day.

Register with Camp Australia Once registered, you'll be able to easily manage your bookings online via your Parent Portal.

Visit our blog New articles are added each week for parents and cover various topics to help families.

Register now Visit our blog

www.campaustralia.com.au

Prepare your child for school!
Start your child's school preparation and foundational learning from 3 years of age.

Our industry leading program includes a focus on:

- * Foundational literacy and math skills
- * Self-skills and independence
- * Exploration and communication skills
- * Flexible 5-day-a-week attendance

Enquire today!

Papilio Early Learning Camberwell
168 Warrigal Road
(03) 9888 8182

Papilio Camberwell

Lifelong Learning Centres 1800 CHILD CARE

Strathcona GIRLS GRAMMAR

Wellbeing Workshop Day

with Guest Speaker
Founder and CEO of
Broad Radio, Host of The
House of Wellness and
Strathcona Alumna

Jo Stanley

Sunday May 15 2022

For more information visit strathcona.vic.edu.au/events

We would like to warmly invite you to our second Strathcona Women's Series event.

Strathcona's Wellbeing Workshop
(for unstoppable girls and women).

WHO Mothers, Special friends and their daughters from our entire community, school families, alumnae and the local community.

The workshops are designed for Mums, special friends and daughters to participate and spend valuable time together, from all age groups, fostering connection, and healthy lifestyles in line with Strathcona's Wellbeing program.

WHAT Commencing with Optional Yoga at 8.30am with Strathcona Alumna and owner of Light Space Yoga, Clare Monahan.

9.30am Breakfast followed by Guest Speaker Jo Stanley, Founder and CEO of Broad Radio, TV host of House of Wellness and Strathcona Alumna.

The day will continue with other wellbeing sessions that are focused on building confidence, mindfulness, self-love, joy, and connection.

WHEN Sunday 15 May, 2022, 9.30am - 2.30pm (with optional 8.30am Yoga)

WHERE Senior School Campus, 34 Scott Street, Canterbury

Breakfast and lunch will be provided, as well as an exciting goodie bag from our local supporters!

Places are limited, please book quickly to avoid missing out and to assist us with catering.

Book via TryBooking here: <https://www.trybooking.com/BYTNJ> or the QR Code below

BOOK NOW HERE:

Balloon animals and free coffee cart

Alfred Road Kindergarten
Our children, our future.

OPEN DAY
SATURDAY 28 MAY
10 AM to 12 PM

NEW EXTENDED HOURS FOR 2023

48A Alfred Road, Glen Iris, VIC 3146
(03) 9889-4038
alfredroadkindergarten.com.au



Lynden Park Scout Group

Scouts is for boys and girls who enjoy fun, adventure, imagination and being outdoors
Bring your child along for a 4 week trial

Joey Scouts, 5 to 7 years: Wednesdays 5.30pm to 6.30pm
Cub Scouts, 7 to 10 years: Wednesdays 7pm to 8.30pm

Lynden Park Scout Hall
11 Stormway Street Camberwell

Less screens and more action! New friends and social skills

Enquiries: Johann Anderson 0425 843 424
gl.lyndenpark@scoutsvictoria.com.au

Drop in, get a cuppa and give life.

Camberwell Pop up Donor Centre
Camberwell Central Bowels Club, 14 Bowen St
Visiting May 2-8.

Give life. Give blood.